



The Ancient Skier

FALL 2022

2022 Sun Valley Ancient Skiers Reunion

The 2022 reunion was a testament to the great organization and teamwork the Sun Valley Committee and the Roster chair of our board. With no indoor organized activities planned the normal flow of registration was disrupted and replaced by use of the membership roster for eligibility for our five day passes.



Well over 100 people were on hand for a great week of skiing and comradery. Get togethers were informal and mostly outdoors at the Warm Springs Lodge plaza. Masks were de rigueur for indoor lodge activities. We arranged an outdoor group picture for those who wished to participate at Lookout Lodge (thanks Julie Jones for your help). Sun Valley held it's annual NASTAR race for us, a good time was had by all (I may ski fast on the hill but I'm still just a bronze on the course). The medal ceremony was held on the Warm Springs Lodge Plaza very informally under Marlys' MC skills.

The Sun Valley committee deserves a great deal of praise for working out the details of a reunion in the waning days of the pandemic. Thanks to Marlys Gerber, Christy Anna Gerber, Leroy Kingland, Hurley Johnson, Bill Price and many others for their effort.

Expect Registration details for the January 21-28, 2023 Sun Valley reunion in the winter newsletter and at AncientSkiers.com.

Ty Anderson
Skipper



The Role of the Ski Boot

by Wayne Johnson

Mysteriously the origins of skiing likely began somewhere in the region of China, Mongolia, Russia.

As was so elegantly stated in the 2008 book, "Two Planks and a Passion" by Roland Huntford, the earliest evidence of on snow travel could have originated in the region of the Alati Mountains of Mongolia.



It was here along the ridge of a recent ice age where findings of petroglyphs on walls in caves indicate trappers having used skids to transport game and early snowshoes which evolved into slides for the feet of these trappers to more effectively sneak up on their game.

As this form of travel migrated westward along the ridge of the ice age to the Telemark region in Scandinavia, actual overland racing and ski flying sports emerged. It's been said that until the Wright Brothers, the only way someone could actually fly was by ski jumping. To this point, all boots required the ability of the heel to lift for mobility, thus we have the Telemark style of skiing.

When skiing was introduced to the taller slopes of the Arlberg region in Austria, it was quickly determined that the allure of the downhill may require that the heel be held down, thusly it evolved into the Arlberg style of skiing.

Most recently the influence of surf & skate has evolved into snowboarding. In all disciplines, the foot/boot interface plays a huge part in the control of every movement back & forth from the vertical stature of one's body to the horizontal lever arms upon which we slide.

Originally boots resembled outdoor moccasins. Soon came fully leather boots to better protect feet and transfer motions. Welcome stiffness offered greater control yet required "break in" time for more comfort. Around the late 50's/early 60's, variations in plastic shells enhanced stiffness for even better control and quickly thereafter came the need for removable inner-boots allowing ease in modifications.

Ideally, while holding the foot in position, the boot's internal contour should closely match the 3D shape of the foot and allow toe movement.

Although all feet are biomechanically the same, their shapes and volumes will differ. Footwear manufactures are forever challenged in accommodating all foot shapes and therefore usually offer various models.

With a few modifications, properly selected boots will remain the "shining star" amongst all of your ski equipment. With repeated use, all boots loosen over time so today's professional boot fitter can address a few key things:

MEASURE & EVALUATE your feet, both un-weighted & weighted, to better understand how you can, with proper underfoot support, be contained within the shortest possible shell size and additionally, better select a model which can best accommodate your individual foot shape.

MODEL SELECTION to consider things like proper forward stiffness in flex to allow for both control & comfort.

PROPER SOCK shape to reduce wrinkling, thickness to allow for smaller boot size, material to address moisture and even compression to encourage circulation, etc.

SHELL SIZE by placing the larger of the two feet into only its shell to check, with the toes forward, the amount of space behind the heel. Ideal should be 5/8-3/4" to allow for an appropriate size after "break in" and modifications.

UNDERFOOT SUPPORT. A "huge" key factor to many things such as: (1) controlling constant un-weighted & weighted changes in foot length (2) providing for comfortable stationary foot placement reducing needless trauma from over buckling (3) reducing over pronation (inward rotation of the foot & leg shaft) which also keenly detracts from one's ability to feel every bump & vibration right through the skeletal structure of the leg and body.

ALIGNMENT & SET UP where by evaluating personal leg shaft angles (knock-kneed or bowlegged) can mean volumes in your tracking and control performance.

BOOT WARMERS to possibly aid in maintaining body heat. These are powered by rechargeable batteries.

BOOT BAGS with handy shoulder straps can warm boots with AC & DC power and ease in storing & transporting your prize possessions.

You should carefully select your professional. Only invest in one who will have the patience to work with you to guarantee your fit over a number of modifications. Have comfort in knowing that even a company sponsored world cup competitor probably begins with a form of that company's production boot which then enjoys constant modification to meet their needs.

Finally, if your ultimate ski boot trail today follows most

of this path, you should never have to quit our wonderful sport from lack of comfort.

LAST SWEEP

Remembrances

Donna Nagle 1927 – 2019

Donna Jean Allen was born in Skykomish Washington in 1927 where she met her soon-to-be husband, Jack Nagel. Donna and Jack managed the Osborne & Ulland retail shop at Stevens Pass and started the first ski school and junior race program that ultimately became the Stevens Pass Athletic Club. Stevens Pass offered Donna the opportunity to witness the legends of skiing; Stein Erickson, Otto Lang, Emile Allais, Franz Gabel and Warren Miller creating life-long memories.

In 1962 a new ski area, Crystal Mountain, opened at the foot of the Cascades near Enumclaw Washington. Settling in Enumclaw, and commuting to the mountain, Donna and Jack started the Crystal Mountain Ski and Rental Shop, the Nagel Ski School and CMAC, all part of the mountain's illustrious history. Donna ran the Ski and Rental Shop until she retired in 1992. Donna Nagel, passed quietly with grace and dignity on January 15, 2019.



Dick Reininger 1925 – 2021

Richard (Dick) Reininger was born in 1925 in Stamford Connecticut. Dick started skiing in 1935 where he was a Nordic ski jumper in high school and college and lettered in both ski racing and ski jumping. Dick was an avid skier who volunteered over 42+ years with the National Ski Patrol, climbed major peaks in WY and WA. He was active in KC Search/Rescue with his Golden Retriever Rascal who was the very first Search and Rescue dog at Crystal Mountain. Dick and Rascal traveled the Northwest and the world on searches and training other dogs. Dick and his wife Phyllis lived full lives together for over 70 years. Dick passed away January 4, 2021, followed by Phyllis 5 days later. A true friend of retired Crystal Mt Volunteer Ski Patrollers among many others.



John Hansen 1926 - 2021

John Hansen, ski school founder at Stevens Pass, and longtime instructor, died on November 21, 2021 at 95 yrs.

Born in Minneapolis in 1926, Hansen moved to Seattle with his family in 1939 and graduated from the University of Washington in 1949.

The following year he started a 36-year engineering career with Seattle City Light.

In 1945, Hansen taught his first ski classes at the University



continued on page 4

**Ancient Skiers Association
Northwest Ski Hall of Fame**

2022 Biennial Banquet

Friday, October 28, 2022

Please join us for this epic evening to celebrate the history of snow sports in the Northwest! The banquet will be held October 28th at the Nile Shrine Golf and Country Club in Mountlake Terrace just north of Seattle. We'll gather at 5 p.m. and socialize until 6 p.m. Dinner will follow, and the program will be over in time for more socializing.

Atop the agenda will be awards for new Hall of Fame inductees Steve Ferkovich, Dick Reininger, Ragnar Ulland, and Julie Jones Webb.

Nile Golf and Country Club
6601 244th ST SW, Mountlake Terrace, WA

Socialize, No Host Bar: 5:00 – 6:00 p.m.
Dinner: 6:00 – 7:30 p.m.
Hall of Fame Awards: 7:30 – 9:00 p.m.
Socialize: 9:00 – 9:30 p.m.

Smile with The Nile Buffet *(One drink ticket included)*

Balsamic garden salad with tomato and cucumber marinated mushrooms and artichoke hearts with spinach and feta cheese, Rotini pasta salad and julienne zucchini, yellow squash, red pepper, onion and olives, fresh fruit and berry display. Herb roasted red potatoes and fresh seasonal vegetables. Rosemary roasted pork loin with natural pan au jus and caramelized chutney. or Salmon with Lemon Thyme Butter Sauce. For dessert, cinnamon apple crisp with oatmeal crumb topping & whipped cream.

DEADLINE FOR REGISTRATION: October 07, 2022
Deadline for Cancellations with refund: October 18, 2022
Questions? Please call Joe Habenicht 206-512-9783, or Jolene Boice 206-947-8190

Membership Notes

It hardly seems possible that summer will soon be over. The Board of Directors is busy planning the Fall banquet and looking forward to another reunion in Sun Valley in January 2023. We currently have 791 memberships which includes 1320 individuals.

According to our By-Laws, any person who has participated in snow skiing in the Pacific Northwest and has attained the age of 55, or is a spouse of such a person, may become a member of the Association upon payment of the membership dues in effect at the time of joining. All new members must be sponsored by an existing member and sponsorships are verified.

In 2001, issues arose when non-members were signing up for the Sun Valley Ancient Skier weekend because of the discounted pricing for members. At that point, it was decided that new members must be on the membership roster by the end of November to receive the discounted pricing for the Ancient Skier's weekend of the next year. A membership list is sent to Sun Valley to validate memberships for discounts.

Please invite your friends to join the Ancient Skiers and make sure they meet the November deadline to enjoy the festivities in Sun Valley.

Sponsor a New Member! Please download the application form from the Members Only section of the website.

Website Update

Our website AncientSkiers.com has recently been updated. We have added a new "Members Only" Page for information, including access to event registration.

The page is password protected. The password is ----please save this in your confidential records.

2022 Biennial Banquet Registration Form



Name(s) _____

How do you want your name (tags) to read? _____

Address: _____

Phone: _____

\$56 Per Person X _____ @ \$56.00 = _____ *Make Checks payable to Ancient Skiers Association*

Please Mail Registration & Payment by October 7 to Ancient Skiers Association, attention: Jolene Boice
10912 29th Pl SW, Seattle, Washington 98146

of Washington's Husky Winter Sports Lodge at Stampede Pass. At Stevens Pass, Hansen ran rope tows for the area, co-founded the District 15 Ski School in 1956 and then formed the Ski Laufer Ski School in 1958. He directed and taught at the school for 28 years. He was also active with Stevens Lodge and helped direct the construction of the original building in 1948 and its later expansion in 1954. Upon retiring, Hansen spent winters at Sun Valley, Idaho, and taught there for 17 years.

Hansen became involved with The Mountaineers in 1946, was a director of REI when it first incorporated in the 1950s and served as president of the University of Washington's Husky Winter Sports Club. He joined the Ancient Skiers organization in 1986 and became a board member in 2004. He served as board president for 10 years and helped double the organization's membership. Hansen was inducted into the Northwest Ski Hall of Fame in 2010.

Tex Steere 1940 - 2022

Tex was born in 1940, in Seattle, Washington. He married Nancy Nefzger, whom he had met while teaching ski



lessons at Stevens Pass. Together, they embarked on 54 years of adventures. Tex consistently wrung as much

adventure and joy out of life as possible, including camping, motorcycle riding and competing in downhill skiing. Tex was one of the first in the state to land front and backflips on snow skis. He never missed the opportunity to ski "fresh corduroy". Tex was a valued board member of the PNW Ancient Skier Association for many years.

Douglas "Tex" Edward Steere passed away peacefully on April 1, 2022, with his wife and sons at his side. But now he's doing all his favorite activities, where there's always blue sky, powder snow, and twisty roads without speed limits!

Maureen Hammond 1955 - 2022

Maureen was born in 1955, in Spokane, Washington. In 1979, she married Curt Hammond of Marysville, Washington, and the two moved to Park City, Utah.



Growing up, the Quinn family was very involved in alpine skiing. Maureen and her siblings ski raced for the Spokane Ski Racing Association. During high school and college, Maureen was a nationally ranked competitive alpine ski racer, a member of the U.S. Ski Team, competing in regional and national championships, as well as the Aspen World Cup Downhill, retiring from competition in 1986.

Maureen was very active in, and even served as president of the Pacific Northwest Ski Educational Foundation, and the Crystal Mountain Founders Club.

She was beloved for her boundless energy, competitive spirit, and great kindness she showed to others. Maureen peacefully passed away with family by her side at her home in Dover, Idaho, on Thursday, June 23, 2022, after a long battle with cancer.

Sharon Rosenlund 1946 - 2022

Beloved wife of Leland Rosenlund passed away July 19th 2022. They met when Leland worked



at Osborn and Ulland Sports Shop in Seattle, while she worked at Sportscaster Clothing Co. in Seattle. Lee later worked for LeRoy Kingland at Sports Unlimited in Bellevue for 42 years.

Sharon learned how to ski before they were married, and they became partners in Powder Pigs Ski School. Their family sport was skiing and Sun Valley was their favorite. Sharon loved skiing with family and friends of Ancient Skier Club.

Lee writes that she was a beautiful wife, mother, and grandmother. Sharon will be missed big time by family and friends.

ANCIENT SKIERS BOARD

- Ty Anderson President
- Wayne Johnson Vice President
- Joe Habenicht Treasurer
- Nita Burks Secretary
- Leslie Dizon Membership
- Jacqueline Banks* IT Specialist
- Jolene Boice* Director
- Greg Prothman* Director

**New this spring*

Contact Us:

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